



WEST IRONDEQUOIT CENTRAL SCHOOLS
COMMUNITY EDUCATION

Excellence in Education for All Ages

Catalog of classes for
JUNE THROUGH AUGUST 2011

Barb Reardon, Community Education Director
(585) 336-3014
www.westirondequoit.org



COMMUNITY EDUCATION CLASSES › SUMMER 2011

ARTS & CRAFTS	3-6	FAMILY/YOUTH	15-18
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Beautiful Button Jewelry		Felting For Families	
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Borosilicate Glass Marbles		Focus On Birds	
Check Out Chain Maille		Home Alone Safety: When I'm in Charge	
Dragonscale Chain Maille Bracelet		K-6 Extension Program	
Fat Quarter Bag		Infant Massage	
Felted Vessel & Hollow Form		Just Yell Fire-Safety Awareness For Girls	
Four Season Placemat		Kids Ceramic Class	
Fresh Flower Cards		Small Worlds	
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Intro to Glass Fusing & Slumping		Youth Bowling Camp	
Kumihimo		Youth Tennis League	
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FIT6073

ADULT LAP SWIM/WATER WALKING

Enjoy lap swimming or water walking for individual conditioning in our eight lane pool. You may pay per visit or purchase a discounted pass.

July 5- Aug. 19
Early morning Monday - Friday 6:00-7:30 a.m.

July 5 - Aug. 18
Evening Monday-Thursday 7:30-9:00 p.m.

Fee: \$3 per visit payable at the door or \$75 for 30 visit pass
IHS pool, enter door #5
Instructor: WICSD aquatic staff

FIT6007

DEEP WATER WORKOUT

Work your core against the resistance of the water while wearing a flotation belt. This will be a total non-impact way to challenge you in the "suspended" workout. Swimming skills are not required but being comfortable in the deep end is helpful.

Monday, 6 Sessions *Fee: \$39; GC: \$34
July 11, 18, 25, Aug. 1, 8, 15 7:30-8:30 a.m.

Thursday, 6 Sessions *Fee: \$39; GC: \$34
July 7, 14, 21, 28, Aug. 4, 11 7:30-8:30 p.m.

*Fee: 2 days/wk-\$72; GC Fee: 2 days/wk-\$67
IHS pool, enter door #5
Instructor: Carol Cuomo

REC3102S & REC3102S2

DIVE CAMP

Reach new heights! IHS diving coach, Teresa MacInnes, with the assistance of the varsity high school divers, will introduce the sport of diving to your child. They will stress safety, conditioning and the basics of springboard diving. **For students entering grades 4-12.**

REC3102S
Tues. - Fri., 4 Sessions Fee: \$50
July 5, 6, 7, 8 9:00-11:00 a.m.

REC3102S2
Mon. - Fri., 5 Sessions Fee: \$63
July 25, 26, 27, 28, 29 9:30-11:30 a.m.
IHS pool, enter door #5
Instructor: IHS Diving Coach, Teresa MacInnes

FIT6300

FAMILY SWIM

Bring the entire family for a fun afternoon or evening of swimming. All youth under age 16 MUST be accompanied by an adult. If your child cannot swim unassisted, they must be accompanied by an adult in the water. We will provide flotation devices, no personal flotation devices will be allowed in the pool.

July 5 - Aug. 12
Monday-Thursday 3:30-5:00 p.m.
Friday 3:30-6:00 p.m.

Fee: \$5 per visit for immediate family up to 5, \$1 for each additional member, payable at the door
IHS pool, enter door #5
Instructor: WICSD aquatic staff

FIT6051

WATER FITNESS-DAYTIME

Try a fresh approach to water fitness using components of yoga and Pilates to enhance flexibility and muscular strength. Swimming skill is not necessary.

Thursday, 5 Sessions Fee: \$33; GC Fee: \$28
July 7, 14, 21, 28, Aug. 4 7:30-8:30 a.m.
IHS pool, enter door #5
Instructor: Jane Marshall

SWIM LESSONS -AUGUST

The levels listed below are based on the American Red Cross guidelines for swim lessons. Each level is described as accurately as possible but some adjustments may be necessary in order to place your child in the proper level. Any physical limitations should be noted on the child's registration form. When choosing the level of instruction for your child underestimate your child's abilities. Instructors will verify the ability of each child during the first class. Pre-registration is required. Classes may be added, split, or combined based on registration. All classes are taught by WICSD aquatic staff and are held at the IHS pool, enter door #5. **You are encouraged to stay in the pool area the first and the last class to observe. For the remainder of the lessons, parents/guardians and siblings will not be permitted in the pool area.**

FIT6099SA

PARENT & CHILD

Class is designed to familiarize young children to the water and prepare them to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. It is a great way to spend time with your child. An adult must be in the water with the child. Children in diapers must wear appropriate swim pants. Ages 6 months to 4 years.

Mon. & Wed., 4 Sessions

Aug. 1, 3, 8, 10

Fee: \$30

11-11:30 a.m.

FIT6100SA & FIT6100SA2

PRESCHOOL

Class is designed to orient preschool-age children to the aquatic environment and to help them acquire rudimentary levels of basic aquatic skills. Ages 4 and 5.

FIT6100SA

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

9:00-9:35 a.m.

FIT6100SA2

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

9:40-10:15 a.m.

FIT6101SA & FIT6101SA2

LEVEL 1

Class is designed to begin developing positive attitudes, good swimming habits and safe practices in and around the water. Submerge face, blow bubbles, front and back glides and floats. Ages 6 and up.

FIT6101SA

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

9:40-10:15 a.m.

FIT6101SA2

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

10:20-10:55 a.m.

FIT6102SA & FIT6102SA2

LEVEL 2

Class is designed to give participants success with fundamental skills, including learning how to float without support and to recover to a vertical position. Participant must be comfortable going under water.

FIT6102SA

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

9:00-9:35 a.m.

FIT6102SA2

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

9:40-10:15 a.m.

FIT6103SA & FIT6103SA2

LEVEL 3

Class designed to build on the skills in Level 2 by providing additional guided practice in deeper water. Introduces front crawl and elementary backstroke.

FIT6103SA

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

9:00-9:35 a.m.

FIT6103SA2

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

10:20-10:55 a.m.

FIT6104SA

LEVEL 4

Class is designed to develop participants' confidence in the strokes learned in Level 3 and to improve other aquatic skills.

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

10:20-10:55 a.m.

FIT6105SA

LEVEL 5

Class is designed to have participants learn how to coordinate and refine strokes.

Mon. - Thurs., 8 Sessions

Aug. 1, 2, 3, 4, 8, 9, 10, 11

Fee: \$60

10:20-10:55 a.m.

WICSD COMMUNITY EDUCATION SWIM LESSON REGISTRATION

Name: _____ Birth Date: _____ Sex: _____

Address: _____ Zip: _____

Phone: (Home) : _____ (Cell): _____ (Work): _____

DATES: Monday – Thursday July 11-21 OR Aug. 1-11

<i>Course Name</i>	<i>Course Time</i>	<i>Course Number July</i>	<i>X your first choice</i>	<i>Course Number August</i>	<i>X your first choice</i>	<i>Fee</i>
Parent & Child	11:00-11:30 a.m.	FIT6099S July 11, 13, 18, 20		FIT6099SA Aug 1, 3, 8, 10		\$30
Preschool	9:00-9:35 a.m.	FIT6100S		FIT6100SA		\$60
	9:40-10:15 a.m.	FIT6100S2		FIT6100SA2		\$60
Level 1	9:40-10:15 a.m.	FIT6101S		FIT6101SA		\$60
	10:20-10:55 a.m.	FIT6101S2		FIT6101SA2		\$60
Level 2	9:00-9:35 a.m.	FIT6102S		FIT6102SA		\$60
	9:40-10:15 a.m.	FIT6102S2		FIT6102SA2		\$60
Level 3	9:00-9:35 a.m.	FIT6103S		FIT6103SA		\$60
	10:20-10:55 a.m.	FIT6103S2		FIT6103SA2		\$60
Level 4	10:20-10:55 a.m.	FIT6104S		FIT6104SA		\$60
Level 5	10:20-10:55 a.m.	FIT6105S		FIT6105SA		\$60
Private Lesson	5 lessons, ½ hr each	FIT6107S	July 25-29 9 or 9:30 a.m.			\$99

TO REGISTER: Each child must have their own registration form completed.

By Check:

1. Fill out this form. Make check payable to: West Irondequoit Central School District
2. Mail your registration and payment to: Community Education, Irondequoit High School, 260 Cooper Rd, Rochester, NY 14617

By Credit Card:

1. Fill out the form below with credit card information and mail to address above OR
2. Call in your registration at (585) 336-3014.

<i>There is a \$20 bank fee for any returned checks.</i>	
() VISA () MASTERCARD EXP. DATE: _____ CVC#: _____ CARD NUMBER: _____ CARD HOLDER NAME: _____ SIGNATURE: _____	<p style="text-align: center; margin: 0;">For Office Use Only</p> Cash/Check# _____ Credit Card Auth # _____ Receipt # _____

West Irondequoit Central Schools

www.westirondequoit.org

The district Web site is designed to provide residents with the most up-to-date information on school district policies, activities, and information.

You can check a calendar, see lunch menus, download forms, view employment opportunities watch a video, even check out Community Education offerings. Music performances and sport schedules are also available.
Stop by often!



WEST IRONDEQUOIT ALUMNI ASSOCIATION



321 List Avenue • Rochester, NY 14617

Visit our Web page at
www.westirondequoit.org/alumni.htm
or call 585-336-3067

We're also on Facebook,
the Irondequoit High School Alumni
Association
is our official page.

The Alumni Association provides:
Generations of Excellence Scholarship Program, Reunion
Planning Services, Annual Newsletter, Alumni Database

On-Line Classes

www.ed2go.comwicisd



Instructor-Facilitated, Convenient, Work At Home, Study When You Want!

On-line Classes Are Available In The Following Categories:

Accounting	Health Care Continuing Education
Art	Nutrition & Fitness
History	Languages, Writing
Psychology & Literature	Law & Legal Careers
Child Care & Parenting	Math
Courses for Teaching Professionals	Philosophy & Science
Database Management & Programming	Personal Development
Entertainment Industry	Test & Certification
Graphic Design	Preparation and more

A Full
Course
Catalog
Is On
The
Web

Class Schedule:

All courses are offered monthly beginning on Wednesdays. Classes are six weeks and consist of 12 lessons. Lessons are released on Wednesdays and Fridays with 10 days to complete the lesson. There are quizzes and a final exam.

Class W: July 20-Sept. 9

Class X: Aug. 17-Oct. 7

For access to these online courses that are informative, fun, convenient and highly interactive

- YOU NEED:
1. A computer with Internet access
 2. An e-mail address
 3. A Web browser



AUT5100

POINT AND INSURANCE REDUCTION PROGRAM

Get a 10% discount on your auto insurance for a period of 3 years, and up to a 4-point reduction on your license. This informative 6-hour course has no tests or required reading. Review: traffic laws, the roles and responsibilities of you, the driver, and defensive driving techniques. The NYS Department of Insurance and the NYS Department of Motor Vehicles approve this program. All drivers with NYS drivers' licenses or permits are eligible.

Saturday, 1 Session
July 23
IHS, Room 2079, enter North entrance #3, 2nd floor
Instructor: Lawrence Associates Staff
Fee: \$45; GC: \$40
8:30 a.m.-2:30 p.m.

AUT6100S & AUT6100S2

PRELICENSING - NYS 5-HOUR COURSE

In order to obtain a New York State Operator's License, you must complete this mandatory 5-hour course. Topics include: information on drug and alcohol abuse, defensive driving techniques, and appropriate driving behavior. Attendance for 5 hours is required in order to obtain the Certificate of Completion necessary for your road test. **YOU MUST POSSESS A VALID LEARNING PERMIT AT THE TIME OF REGISTRATION. YOU MUST BRING YOUR PERMIT TO CLASS. REGISTRATION CLOSES WHEN REGISTRATION MEETS THE MAXIMUM 20.**

AUT6100S
Monday, 1 Session
July 11
Fee: \$40
3:30-8:30 p.m.

AUT6100S2
Monday, 1 Session
Aug 8
IHS, Room 2079, enter North entrance #3, 2nd floor
Instructor: Lawrence Associates Staff
Fee: \$40
3:30-8:30 p.m.

AUT5000S & AUT5000S2

WICSD DRIVER EDUCATION

The course combines the benefits of practical driving along with defensive driving techniques for safe and responsible operation of a motor vehicle. All students must hold a valid New York State learner's permit or driver's license. Successful completion of this course will qualify the student for DMV Certificate of completion (formerly blue card). The fee to replace a lost certificate is \$20. Classes will consist of 24 hours of vehicle instruction including 6 hours of behind the wheel driving, and 24 hours of classroom instruction. The program includes a written exam and driving skills test. Students are required to attend all sessions. This requires a commitment on the part of students, parents and teachers in order to fulfill the New York State course requirements. All missed classes must be made up and a fee of \$45 will be charged for any missed classes or drive times. A student with three absences will be removed from the program. **Registration forms for this program are available in the IHS Main Office, the Community Education Office, WICSD District Office & online.** Enrollment is limited to 32 students.

AUT5000S
Monday-Friday, 16 Sessions
July 5-26
Fee: \$415
Drive time: 7:00-8:30 a.m.
Class time: 8:30-10:00 a.m.

AUT5000S2
Monday-Friday, 16 Sessions
Aug. 1-22
Fee: \$415
Drive time: 7:00-8:30 a.m.
Class time: 8:30-10:00 a.m.

Class: IHS, Room 2079, enter North entrance #3, take stairway to left to second floor, turn left
Drive: IHS front parking lot
Instructor: AAA Western and Central New York



11th Annual West Irondequoit Foundation Benefit Golf Tournament

Durand Eastman Golf Course

Monday, June 27, 2011

Sponsorship opportunities available.

Call 336-3067 or visit <http://www.westirondequoit.org/foundation.htm>



WICSD Community Education Driver Education, Summer 2011 Registration Form – Cost \$415

PLEASE PRINT CLEARLY This information will be used to complete your certificate, be sure it is correct!

Last Name: _____ First Name: _____ Middle Initial: _____

Number / Address: _____

City / Town: _____ Zip Code: _____

Home Phone: _____ Parent's Daytime Phone: _____

Date of Birth: _____ / _____ / _____ Note: MUST be 16-years old before registering
Mo. Day Yr.

Parent/Guardian Signature: _____
Parent/Guardian signature is mandatory for enrollment in this program.

* Permit 9 Digit ID# _____

*** A clear photocopy of your permit or license must accompany this registration form.**
Your "Blue Card" will not be issued unless you submit the copy.

SESSION PREFERENCE: _____ July 5-26 _____ August 1-22

DRIVE TIME: 7:00-8:30 a.m.

CLASS TIME: 8:30-10:00 a.m.

Class and drive times are every day of the session.

Missed Class/Drive Time Policy:

All missed classes/drive times must be made up and a fee of \$45 will be charged for each make-up.

Refund Policy:

If a class is canceled you will receive a full refund. If you wish to withdraw, notification must be received by the Community Education office 3 working days prior to the start of the class. No refunds will be given once a class has begun.

To Register:

By Check:

1. Fill out this form. Make check payable to: **West Irondequoit Central School District**
2. Mail your registration and payment to: Community Education, Irondequoit High School, 260 Cooper Rd, Rochester, NY 14617

By Credit Card:

1. Fill out the form below with credit card information and mail to address above **OR**
2. Call in your registration at (585) 336-3014.

() VISA () MASTERCARD EXP. DATE: _____ CVC#: _____

CARD NUMBER: _____

CARD HOLDER NAME: _____

SIGNATURE: _____

For Office Use Only

Cash/Check# _____

Credit Card Auth # _____

Receipt # _____

Date Received/Postmark _____

There is a \$20 bank fee for any returned checks.

Business/Financial

FIN2140

MONEY MANAGEMENT 101

Managing money responsibly means creating goals and making decisions that help reach those goals. This course explores habits and values students have formed (through parental example and their own experience) in this first lesson, Pennies and Principles. At this time, students will also have the opportunity to provide input in determining parts of the remaining lessons to ensure that they learn and practice what they hope to get out of this course. In Budget Basics, after a week of tracking spending to understand current habits, students will receive several budget templates and lots of advice to plan how they will handle money in the future. One of the most difficult and emotional aspects of family budgeting will be addressed in Dumping Debt, a practical lesson on how to pay off debt effectively to free up money for more important things. The last lesson, Superior Savings, leaves students with encouragement and tips for how families can change poor habits into more productive ones, leading to better, more effective money management. This class is designed to change financial behavior and attitudes through activities, worksheets, discussions and application.

Wednesday, 4 Sessions
July 6, 13, 20, 27
Rogers Middle School, Room 103, 219 Northfield Rd, enter door #1
Instructor: Katherine Smith

Fee: \$40
7:00-8:30 p.m.

Computer

COM2001

COMPUTER MAINTENANCE & VIRUS/SPYWARE REMOVAL

Is your computer running slow? Learn the importance of anti-virus software, antispyware software and how to get these tools for free. We have added two more programs to teach you how to remove spyware and adware that may be on your computer. We will share tips that will make your computer run faster & become more efficient.

Tuesday, 2 Sessions
Aug. 2, 9
IHS, Library Computer Lab, enter Front entrance #1, go straight, turn right into library
Instructor: Jason Walker

Fee: \$49; GC Fee: \$44
6:30-8:30 p.m.

COM2106

WIRELESS NETWORK SECURITY & BASIC HOME NETWORKING

Is your wireless network secure? Learn how to build a secure wireless home network and share files and printers between computers. Anyone can master these simple techniques to ensure your files and network remain private.

Tuesday, 2 Sessions
July 12, 19
IHS, Library Computer Lab, enter Front entrance #1, go straight, turn right into library
Instructor: Jason Walker

Fee: \$49; GC: \$44
6:30-8:30 p.m.

Dance

REC3358

SUMMER LINE DANCING

If you have some line dancing experience and want to learn more, join this class and dance thru the summer in air-conditioned comfort. Great fun and exercise. Leather soled shoes recommended. No partner necessary.

Monday, 6 Sessions
June 27, July 11, 18, 25, Aug. 1, 8
Listwood School, All Purpose Room, 325 List Ave.
Instructor: Will Herzog

Fee: \$30; GC: \$25
7:00-8:00 p.m.

Class Ideas, Want To Teach,
Need Information?

CALL THE COMMUNITY
EDUCATION OFFICE:

336-3014

KID7007S & KID7007S2

STRENGTH & CONDITIONING WORKOUT

Our Strength & Conditioning program focuses on molding men and women to become equal parts strong, agile, flexible, and confident in their abilities on the field or court due to their off season work ethic. Dynasty Performance & Camps strives to break away from the current, flawed fitness model that is so prevalent in America today. You will not find mirrors, universal machines, or disinterested staff. What you will find are all the tools necessary to build elite level athletes, and trainers who are committed to getting you to "Be the Best" you can be in your particular sport. Workouts will emphasize proper technique in, change of direction, sprinting, and total body Olympic lifting exercises. This will take advantage of your current ability and will maximize your full athletic potential. These tools are used within strategic programming to constantly challenge and push you to exceed even your own expectations. Of course, the greatest key to your success is your commitment. Are you up for the challenge? **For students in grades 9-12.**

KID7007S

Tuesday & Thursday, 7 Sessions
June 28, 30, July 5, 7, 12, 14, 19

Fee: \$150
7:00– 8:00 a.m.

KID7007S2

Tuesday & Thursday, 7 Sessions
June 28, 30, July 5, 7, 12, 14, 19
Nazareth College Stadium, 4245 East Ave

Fee: \$150
8:00– 9:00 a.m.

Instructor: Jonathan Williams, Nazareth College's Strength & Conditioning Coach & Ass't Men's Basketball Coach

KID7111S, KID7111S2, KID7111S3, KID7111S4, KID7111S5,
KID7111S6, KID7111S7, KID7111S8

YOUTH BOWLING CAMP

Summer is the time to improve your bowling skills and have fun. The program includes bowling, shoes, morning snack, lunch, t-shirt & tie-dye, arts & crafts and bike safety tips from the Webster Police & Fire Dept. **Ages 5-16 are eligible.**

KID7111S

Monday-Friday, 5 Sessions
June 27, 28, 29, 30, July 1

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S2

Tuesday-Friday, 4 Sessions
July 5, 6, 7, 8

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S3

Monday-Friday, 5 Sessions
July 11, 12, 13, 14, 15

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S4

Monday-Friday, 5 Sessions
July 18, 19, 20, 21, 22

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S5

Monday-Friday, 5 Sessions
July 25, 26, 27, 28, 29

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S6

Monday-Friday, 5 Sessions
Aug. 1, 2, 3, 4, 5

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S7

Monday-Friday, 5 Sessions
Aug. 8, 9, 10, 11, 12

Fee: \$80
9:00 a.m.-12:30 p.m.

KID7111S8

Monday-Friday, 5 Sessions
Aug. 15, 16, 17, 18, 19

Fee: \$80
9:00 a.m.-12:30 p.m.

AMF Empire Lanes, 2400 Empire Blvd., Webster
Instructor: Jack Williams and Carol Hamilton

KID7009S & KID7009S2

YOUTH TENNIS LEAGUE

A great opportunity to play supervised matches. This is for students **entering grades 7-12** and have intermediate to advanced playing skills and ability. Classes may be combined based on registration.

KID7009S (Girls)

Tuesday, 5 Sessions
June 28, July 5, 12, 19, 26

Fee: \$45
3:00– 4:30 p.m.

KID7009S2 (Boys)

Tuesday, 5 Sessions
June 28, July 5, 12, 19, 26

Fee: \$45
4:30– 6:00 p.m.

Rain dates: Aug. 2, 9

IHS, Tennis Courts

Instructor: Barry Prince, IHS Tennis Coach

West Irondequoit Central School District Community Education

K-6 EXTENSION PROGRAM

This program provides before and after school care for West Irondequoit students in grades K-6. It is designed to provide students with professional, nurturing care in an educational setting that provides age-appropriate activities, academic enrichment, and recreation.

LOCATION:

Rogers Middle School, 219 Northfield Road
Iroquois Middle School, 150 Colebrook Drive

HOURS:

AM - 7:00 a.m. until the start of school
PM - Dismissal time until 6:00 p.m.

TRANSPORTATION:

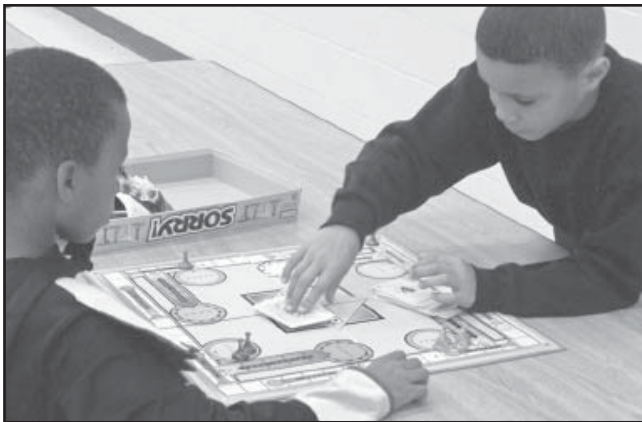
Arrangements for any busing needs must be made with WICSD transportation department.

COST:

\$75 per week for afternoon only; \$50 per week for morning only; \$100 per week for both morning and afternoon.

REGISTRATION:

Registration packets are available in all K-6 schools, District Office, the Community Education office and on the district Web site, www.westirondequoit.org/community





HEA3152

ACTIVE VINYASA YOGA

Improve flexibility, balance and strength in this flowing hatha yoga practice. This class focuses on body awareness, breathing and working inwards even while "working out". Class suitable for all levels of yoga experience, novice to experienced. Yoga mat required; water bottle recommended.

Wednesday, 7 Sessions Fee: \$60; GC: \$55
June 29, July 6, 13, 20, 27, Aug 3, 10 7:00-8:00 p.m.
Briarwood School, All Purpose Room, 215 Briarwood Dr.
Instructor: Sheri Dumire-Hamilton

FIT6070

GOT SWEAT? FUNCTIONAL FAT BURNING FOR ADULTS

Burn calories, improve strength and cardio in a fun yet challenging comprehensive circuit! The format will allow for participants of varying fitness levels to participate simultaneously. The circuit will incorporate cardio, stability, balance, strength, power and muscular endurance.

Monday, 6 Sessions Fee: \$30*
June 27, July 11, 18, 25, Aug. 1, 8 6:00-7:00 p.m.

Wednesday, 6 Sessions Fee: \$30*
June 29, July 13, 20, 27, Aug. 3, 10 6:00-7:00 p.m.

*Fee: 1 day/wk: \$30; 2 days/wk: \$48
IHS, Fitness Center, enter North entrance #3, go straight, second door on left
Instructor: Phil Steckley, MS, ATC, CSCS, Irene Irwin

FIT6067

IHS FITNESS CENTER

Work out at your own pace on state of the art equipment. There are free weights, treadmills, steppers, bikes, elliptical, chest press, leg press, etc. available. The facility will be supervised but personal training services are not available.

June 27-Aug. 26
Fee: \$2 per visit payable at the door; free for current IHS students & current college students with ID
Pre-register Fee: 15 visits for \$25 GC Fee: 15 visits for \$20
Monday, Wednesday, Friday 6:00-7:00 a.m.
Monday-Wednesday 7:00-8:30 p.m.
IHS, Fitness Center, enter North entrance #3, go straight, second door on left
Supervisor: IHS staff

HEA3173

YOGA BEGINNERS

A unique blending of classical yoga instruction with an intro-

CANCELLED

HEA3456

YOGA LEVELS 1 & 2

CANCELLED

The West Irondequoit Central School District assumes no responsibility with respect to an individual's physical and/or mental suitability to engage in any physical activities. It is advisable to check with your personal physician if you have a health problem. Check with your insurance company for possible reimbursement for fitness classes.

FIT6010

ZUMBA

Zumba is a fun fitness phenomenon for both men and women. You will love the combination of dance and exercise together. Great music and easy to follow moves. No dance experience needed. Come join the party - Get ready to Zumba!

Tuesday, 5 Sessions *Fee: \$30; GC: \$25
July 26, Aug. 2, 9, 16, 23 5:30-6:30 p.m.

Thursday, 5 Sessions *Fee: \$30; GC: \$25
July 28, Aug. 4, 11, 18, 25 5:30-6:30 p.m.

Saturday, 5 Sessions *Fee: \$30; GC: \$25
July 30, Aug. 6, 13, 20, 27 9:30-10:30 p.m.

*Fee: 2 days/wk: \$50, ; GC Fee: 2 days/wk: \$45

*Fee: 3 days/wk: \$68, ; GC Fee: 2 days/wk: \$63

Rogers Middle School, Gym, 219 Northfield Rd, enter door #8
Instructor: Carolyn Schirnglone



Kitchen



KIT4220

CAKE DECORATING BASICS

The Wilton Method Decorating Basics Course is the perfect place to start! Your instructor will show you the right way to decorate, step by step, so that you experience the excitement of successfully decorating your first cake in a Wilton Method Course. You'll understand how to bake a great cake, see how to make and color icing and learn the best way to ice a cake. You will also practice the three fundamentals of decorating, enabling you to approach each technique the right way for great results. Along the way, you'll learn to create icing drop flowers, rosettes, shells, pompom flowers, leaves, shaggy mums and the ribbon rose. You'll also decorate cookies, cupcakes...and of course cakes! Materials list will be mailed prior to class. Please purchase supplies before first class. Lesson Plan Book provided.

Monday, 4 Sessions Fee: \$35
June 27, July 11, 18, 25 6:30-8:30 p.m.

Rogers Middle School, Room 009, 219 Northfield Rd, enter door #9

Instructor: Marilyn Orzechoski

KIT4222

CAKE DECORATING FLOWERS & CAKE DESIGN

Flowers and Cake Design is one of two additional courses you can choose; the sequence doesn't matter. In Flowers and Cake Design, you'll explore sophisticated ways to bring your cakes and desserts to life! Your Wilton Method instructor will teach you to create breathtaking icing flowers such as pansies, lilies and the famous Wilton Rose. Then, you'll discover the secrets of arranging them in a beautifully balanced cake-top bouquet. Your amazing flowers will be framed by an impressive border treatment or basketweave design. With the skills you learn here and your ability to make flowers in advance using gum paste and fondant or royal icing, you can create beautiful blooms at your convenience, ready to place on any cake. Materials list will be mailed prior to class. Please purchase supplies before first class. Lesson Plan Book provided.

Monday, 4 Sessions Fee: \$35
Aug. 1, 8, 15, 22 6:30-8:30 p.m.

Rogers Middle School, Room 009, 219 Northfield Rd, enter door #9

Instructor: Marilyn Orzechoski

KIT4221

GUM PASTE & FONDANT CAKE DECORATING

Gum Paste and Fondant is one of two additional courses you can choose; the sequence doesn't matter. In Gum Paste and Fondant you'll discover one of the most exciting and satisfying ways to decorate a cake. Your Wilton Method Instructor will lead you every step of the way as you create amazing handshaped flowers, beautiful borders and bold accents using these easy-to-shape icings. As you learn each technique - an artful bow, mum, rose, carnation, calla lily, rosebud, daisy and embellished borders - you'll be closer to your crowning achievement: A Final Course Cake that showcases your skills. The confidence you'll gain as you decorate with gum paste and fondant will enable you to create cakes that will add excitement to your family celebrations for years to come. Materials list will be mailed prior to class. Please purchase supplies before first class. Lesson Plan Book provided.

Saturday, 4 Sessions Fee: \$35
July 2, 9, 16, 23 10:30 a.m.-12:30 p.m.

Rogers Middle School, Room 009, 219 Northfield Rd, enter door #9

Instructor: Marilyn Orzechoski



PER8112

EMOTIONAL FREEDOM TECHNIQUE

EFT is an emotional version of acupuncture/acupressure. It involves tapping with only your fingertips along well established energy meridians while focused on an issue, habit, addiction, etc. The tapping stimulates the body's energy meridian points to restore balance. This method decreases anxiety and promotes relaxation. The results are 80-90% permanent and very effective for trauma recovery, smoking cessation, weight loss and other emotionally laden issues or habits. Learn about EFT in one night and use it for the rest of your life.

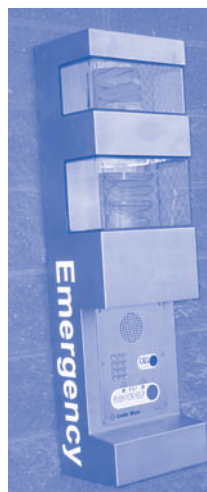
Tuesday, 1 Session
July 26
IHS, Room 2079, enter North entrance #3, 2nd floor
Instructor: Marian Bauman-O'Dell, Heart Song Counseling

Fee: \$20
7:00-9:00 p.m.

Call Boxes

Ready to Summon Help

There are two call boxes on central campus that can be used to summon help in the event of an emergency. One is located on the north side of Listwood School; the second is on the west side of the concession stand. Simply press the red button and you will be connected with the 911 center. The boxes can be used to summon emergency services in cases of injury, illness, fire, personal crime or to report vandalism in progress. These locations were chosen because of the large amount of activity on the campus by both students and community.



PER8665

ETHNIC MARKETS TOUR

Discover your local source of exotic foreign foods as you tour some of Rochester's unusual ethnic markets. The quaint shops on your worldly travels will include markets such as: Russian, Indian, Turkish, Cuban, Greek, Ukranian, African, Japanese, Polish, Spanish, German, Italian and Egyptian. Your tour guide, Sandy Baker, will ride with students as you car pool from nation to nation. Bring your appetite as you sample along the way. Be sure to bring a cooler for your perishable food purchases, as well as a bottle of drinking water.

Saturday, 1 Session
Aug. 13
IHS, Commons Area, 260 Cooper Rd
Instructor: Sandy Baker

Fee: \$35
9:00 a.m.-3:00 p.m.

PER8664

GOURMET SPECIALTY MARKETS TOUR

Treat your taste buds to this gourmet tasting adventure featuring some of Rochester's finest food specialty markets. This behind-the-scenes guided tour was designed exclusively for food-lovers. Bring your appetite; you'll be sampling delicious treats such as organic fair trade coffee made from freshly roasted bean; hand-made ravioli; chef-inspired prepared foods; fresh roasted nuts; dried fruits; smooth, rich and creamy cheesecake; and artisan chocolates. You'll taste and chat with other food-loving guests as you discover specialty and hard-to-find ingredients. Be sure to bring a cooler for your perishable food purchases, as well as a bottle of drinking water.

Saturday, 1 Session
July 16
IHS, Commons Area, 260 Cooper Rd
Instructor: Sandy Baker

Fee: \$35
9:00 a.m.-3:00 p.m.

PER8223

INTRODUCTION TO PUBLISHING: GETTING YOUR WORK INTO PRINT

Do you have a manuscript you would like to see published, or perhaps you are working on your dream of writing a book? It is never too early to consider your options and understand the process-published author and Irondequoit resident Mary Beth Egeling will present and explore the alternatives available to aspiring authors. Course includes discussion and comparison of self-publishing vs. conventional publishing. Industry standards, including minimum expectations of both the author and the perspective publisher will be outlined. includes a peek into the present and future trends in publishing. Handouts for note taking provided by the instructor. bring your questions and something to write with!

Wednesday, 1 Session
July 13
IHS, Room 2079, enter North entrance #3, 2nd floor
Instructor: Mary Beth Egeling, Half Moon Books

Fee: \$20
6:15-8:15 p.m.



REC3223

EUCHRE INSTRUCTION FOR BEGINNERS

An excellent opportunity to learn how to play for people with little or no euchre experience. Taught in a relaxed atmosphere where the goal is to have fun. Players will learn the basics: naming trump, scoring, strategy, etc. **Please bring a deck of cards and a folder to class.**

Tuesday, 7 Sessions
June 28, July 5, 12, 19, 26, Aug. 2, 9
Rogers Middle School, Cafeteria, 219 Northfield Rd, enter door #6
Instructor: Dick Seils

Fee: \$45; GC Fee: \$40
7:00-8:00 p.m.

REC3602

SEA KAYAK AT CHIMNEY BLUFFS

Come enjoy a Pack Paddle Ski favorite! We will start on Lake Ontario if it is calm; otherwise we will start in the quiet bays and swamps, and then after your tasty picnic lunch, you'll head for the open waters of Lake Ontario! It is never the same. Last year we hit some big waves and interesting weather. You may have a chance to try your skill in the wind and the waves! The scenery will be great, the kayaks--outrageous fun--and the group will be incredible, as always! Don't miss this fun day! Plan to be a little flexible as this place is fantastic because of the forces of nature which are still at work, and we cannot control them.

Saturday, 1 Session
July 9
Meets at Chimney Bluffs, near Sodus
Instructor: Pack Paddle Ski Co.

Fee: \$94
10:00 a.m.-4:00 p.m.

REC3563

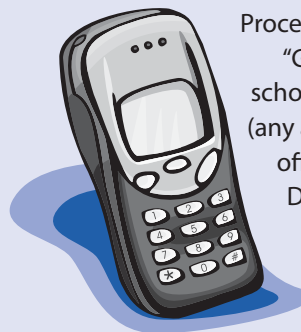
ZOAR VALLEY HIKING ADVENTURE

Come join us as we walk by (and in) a creek nestled at the base of 400-ft. cliffs in the Zoar Valley! We'll soak in pools near cascading waterfalls while gazing at magnificent old, gigantic trees atop shale and limestone cliffs. Encompassing more than 2,939 acres in total, the Zoar Valley Multiple Use Area (MUA) is one of the most scenic, ecologically diverse and potentially sensitive environmental areas in Western New York. A favorite spot among local hikers and outdoor enthusiasts, Zoar Valley is known for the spectacular scenery by its deep gorge, sheer cliffs, flowing waterfalls and dense forests. Join us as we hike through this breathtaking scenery. We will be exploring by walking in the creek valley in the water much of the day. Approximately 5 mile hike. This is a must-see area!

Monday, 1 Session
July 4
Meets in Gowanda, NY
Instructor: Pack Paddle Ski Co.

Fee: \$59
10:00 a.m.-3:00 p.m.

The West Irondequoit Alumni Association is Collecting Used Cell Phones as a Fund-Raising Campaign!



Proceeds benefit the association's "Generations of Excellence" scholarship fund. Inactive phones (any age or make) may be dropped off at any school or the WICSD District Office at 321 List Ave.

Call 336-3067 for details.

Safety Education



SAF7401

ADULT CPR/AED TRAINING

This class focuses on the adult victim and provides single-rescuer CPR training. The participant will learn skills such as how to respond to choking, perform rescue breathing, and recognize and prevent heart attacks & strokes as well as how to use an Automated External Defibrillator (AED). A certification card is issued upon successful completion of the course. All supply fees are included.

Saturday, 1 Session
July 23

Fee: \$50
9:00 a.m.-Noon

IHS, Room 2079, enter North entrance #3, 2nd floor, turn left
Instructor: Lynn Fulmore, E.P.I.C. Trainings

SAF7402

FIRST AID BASICS

This course focuses on the skills and techniques necessary to prevent, recognize and respond to first aid related emergencies including: bleeding control, care for muscle, bone and joint injuries as well as treatment for heat and cold related emergencies and burns. A certification card is issued upon successful completion of the course. All supply fees are included.

Saturday, 1 Session
July 23

Fee: \$45
Noon-2:00 p.m.

IHS, Room 2079, enter North entrance #3, 2nd floor, turn left
Instructor: Lynn Fulmore, E.P.I.C. Trainings

SAF7407

CPR FOR SENIORS

This class focuses on the adult victim and provides single-rescuer CPR training. Participants will learn skills such as how to respond to choking, perform rescue breathing, and recognize and prevent heart attacks & strokes. Bearing in mind that our later in life learners might need a little extra help and guidance as well as assistance with the physical skills required to perform CPR, this class is taught at a slower pace as well as having a lower student to instructor ratio.

Monday, 1 Session
July 11

Fee: \$35
2:00-4:00 p.m.

Irondequoit Community Center, 154 Pinegrove Ave
Instructor: Lynn Fulmore, E.P.I.C. Trainings



Automated External Defibrillators

They are located in every West Irondequoit Central School District building. Look for a sign at the main entrance indicating the location of the unit in each school.

AED
Automated External Defibrillator



Gold Card Information



Senior Citizen - Gold Card

West Irondequoit Central School District residents, 62 years and older, are invited to take selected Community Education courses at a discounted fee using their Gold Card. To receive this card and fee discount, complete the application on this page and mail it with proof of age and residence to the address on the application. You will receive a West Irondequoit Central School District Gold Card with an identification number in the mail. Use this number for future registrations in order to receive your discounted fee. Gold Card Fees (GC) are listed after regular fees where appropriate. Additional materials, costs, and book fees will be the responsibility of the senior citizen. The Gold Card is not transferable. If you have moved, please call us. Moving from the district invalidates your card.

LOST YOUR GOLD CARD? CALL 336-3014

Course Fees are listed after the heading "Fee." Gold Card Fees for Senior Citizens are listed after the heading "GC." Fees do not include materials or textbooks unless indicated.

SENIOR CITIZEN SWIM

Open to West Irondequoit senior citizens (62 yrs or older) who wish to swim laps or exercise at their own pace.


July 6- August 12
Monday, Wednesday, Friday 11:45-12:45 p.m.

August 15- September 2
Monday, Wednesday, Friday 11:15-12:15 p.m.

No registration is required.

For more information call Community Education at 336-3014. This program is FREE.

The West Irondequoit Foundation is a non-profit organization established to receive gifts, bequests, and donations in order to provide funding to enhance the educational programs of the West Irondequoit Central School District. For more information or to make a donation, please call 336-3067.



Dave Whitehouse, President
 Kevin Marren, Vice President
 Paul Dreher, Treasurer
 Fran DiPrima, Secretary

Steve Arter
 William Baum
 Marie Black
 Jeffrey Crane
 Stacey Crowder
 Carol Crumlish

Douglas Decker
 Donna DePeters
 Kathy McKee
 Susan Parulski
 Sue Russotti
 Gene Tiesler

SENIOR CITIZEN GOLD CARD APPLICATION

ELIGIBILITY
 62 years of age
 Current resident of the West Irondequoit Central School District

BENEFITS
 Discounted fees for selected Community Education courses (designated GC in brochure).
 Free admission to selected IHS & Dake student productions.

APPLICATION
 Fill out the form below, include a photocopy of proof of age and residency such as a driver's license, birth certificate, tax bill, etc.
 Mail to:

**West Irondequoit Central School District
 Community Education
 260 Cooper Road
 Rochester, New York 14617**

This can be included with your course registration for eligibility for the Gold Card Discount

GOLD CARD APPLICATION **GOLD CARD #** _____
(OFFICE USE ONLY)

Name _____

Address _____ Zip _____

Date of Birth _____ Phone: _____

Have you had a West Irondequoit Gold Card before? _____

Number _____

Feel free to call the Public Information Office at 336-3067 or the Community Education office at 336-3014, if you have any questions.

SENIOR CITIZEN GOLD CARD

- Discounted fees for selected Community Education courses
- Discount on pass for use of IHS Fitness Center
- Senior Citizen Swim
- Special invitation & free admission to selected student theater performances
- Free admission to regular season home sports events



West Irondequoit Central School District *A Tradition of Excellence*

West Irondequoit students receive a comprehensive education, characterized by outstanding achievement in a district that takes pride in a tradition of prudent fiscal management.

**In comparison with 19 Monroe County Suburban School Districts:
Lowest Seven-Year Average Tax Levy Increase - 1.86%**

Below average spending, above average achievement

A non-profit, non-partisan national organization, the Center for American Progress, conducted a national, year-long research project to study the educational efficiency of the nation's public schools. The project, released in January 2011, measured the academic achievement a school district produces relative to its educational spending while controlling for factors outside a district's control, such as cost of living and students in poverty. The premise of the report was to identify school districts that were rated highly efficient in their spending while also producing high academic achievement results.

West Irondequoit ranked among the high achieving-low spending school districts within the state and across the country.

Read the report at:

http://www.americanprogress.org/issues/2011/01/educational_productivity/report.html

The West Irondequoit Foundation was established in 1987 to support educational excellence for the students of West Irondequoit. It relies solely on the generosity of alumni, businesses and friends for support through donations, gifts and bequests, to carry out its endeavors. Since 1990, the foundation has awarded \$566,290 for more than 80 teacher-initiated grants for projects, programs and materials directly benefiting the students of West Irondequoit.

With your help, the West Irondequoit Foundation will continue its mission of supporting future learning and achievement. Contact the foundation at 336-3067 or visit us at www.westirondequoit.org/foundation.



David Whitehouse-President
Kevin Marren-Vice President
Susan Parulski-Treasurer
Fran DiPrima-Secretary

The West Irondequoit Central School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies:

William Domm, Assistant Superintendent for Business and Personnel
321 List Avenue, Rochester, NY 14617 585-336-2993

District & Town Information



WEST IRONDEQUOIT CENTRAL SCHOOL DISTRICT

Board of Education

Charles Perreaud	President	274 Titus Ave.	342-9498	'12
Margaret Burns		288 Chapel Hill Dr.	544-4871	'13
Stacey Crowder		36 Kings Gate N.	458-6588	'12
Amanda Insalaco		700 VanVoorhis Ave	730-4517	'11
Rebecca Schultz		27 Wyndale Rd.	342-8524	'12
Michael Seeley	V. Pres.	130 Washington Ave.	338-3146	'13
John Vay		25 Parr Circle	581-1172	'11

Student Representatives

Emily Frawley and Daniel Magee

Board Clerk

Patricia Kelly, 321 List Ave. 336-2983

Business meetings are held the third Thursday of the month (unless otherwise indicated) in the Suzanne Dreher Conference Room, District Office., 321 List Avenue, beginning at 7:00 p.m. and are open to the public.

Board study sessions are held the first Thursday of the month. Starting in December they will be in the school buildings at 7 p.m. and are open to the public. Site/date information can be found on the district's Web site (www.westirondequoit.org) under District/Board of Education/Board Meetings or call the district office at 342-5500.

Board member liaisons to district schools:

IHS: M. Burns; Dake: C. Perreaud; Rogers: S. Crowder; Iroquois: M. Seeley; Briarwood/Colebrook: A. Insalaco; Brookview/Seneca: B. Schultz; Listwood/Southlawn: J. Vay

MEETING INFORMATION: AGENDAS,
MINUTES, DATES, TIMES, LOCATIONS WILL
BE POSTED ON THE WEB SITE

www.westirondequoit.org/district/boe/meetings.htm

District Office 321 List Avenue 342-5500

Superintendent of Schools	Jeffrey Crane	336-2983
Asst. Superintendent for Instructional Services	Linda McGinley	336-2981
Asst. Superintendent for Business/Personnel	William Domm	336-2993
Exec. Dir. of Personnel	Timothy Terranova	336-2995
Dir. of Public Information	Carol Crumlish	336-3067
Dir. of Standards Support	Tamara Lipke	336-2984
Transportation	Leslie Ferriter	336-2992
Registrar	Paula Gagliano	336-3061

Additional District Offices

Athletics Office/IHS	David Green	336-3006
Aquatic Office/IHS	Brian Wilcox	336-0621
Community Ed. Office/IHS	Barb Reardon	336-3014
Environmental. Services	Barbara Carlson	336-3009
720 Washington Ave		
Helmer Nature Center	Karen Mazzola	336-3035
154 Pinegrove Ave.		
IHS Box Office		336-2903
Teaching/Learning Center	Karen Finter	336-3144
2400 Oakview Drive		
MMG-Materials Management		
Group Specialist/IHS	Joni Rehbach	336-3116
Student Services/Dake	Sue Flood	336-3171

TOWN OF IRONDEQUOIT

Additional Program Resources

Helen McGraw Library	2180 E. Ridge Road	336-6060
Helmer Nature Center	154 Pinegrove Ave	336-3035
Irondequoit Parks & Recreation	1280 Titus Ave	336-6070
Pauline Evans Library	45 Cooper Road	336-6062
Senior Community Center	154 Pinegrove Ave	336-6077

Web sites of Local Interest

Town of Irondequoit	www.irondequoit.org
East Irondequoit Central School District	www.eicsdk12ny.us
West Irondequoit Central School District	www.westirondequoit.org
Bishop Kearney	www.bkhs.org
Irondequoit Historical Society	www.ggw.or/~ihsociety

West Irondequoit Central

PTSA
everychild. one voice.®

The West Irondequoit Central PTSA unites home, school and community as advocates for the health, education and well being of all children so they may become productive citizens in tomorrow's world.

Visit our Web site at
www.wicptsa.org

Karen Johnston, President
Robin Evarts, Vice President
Ann Cunningham, Vice President
Jacqueline Mooney, Secretary
Irene Sale, Treasurer
Gretchen Tortora, Past President

West Irondequoit CSD

2011-2012 School Calendar



July

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

August

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

September (F-2011-21)

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

October (F-28-29)

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

November (F-28-19)

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

December (F-28-17)

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

January (F-28)

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

February (F-28-15)

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29		

March (F-28-23)

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

April (F-28-15)

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

May (F-28-25)

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

June (F-28-14)

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

- First Day for Students
- Holiday/Recess
- Local/Regents Exams

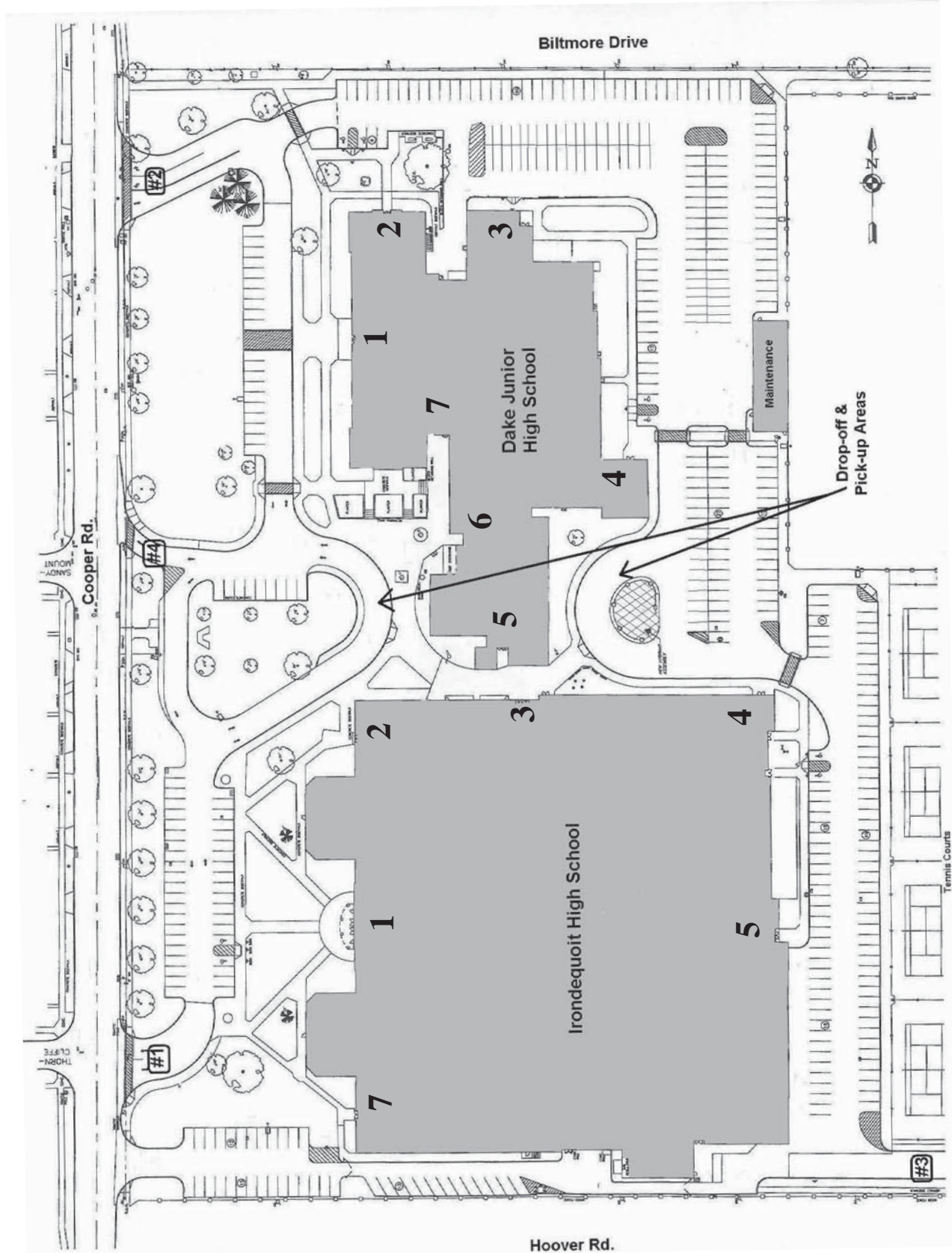
Sept. 1	School Opens (Grades 1 through 12)
Sept. 5	Labor Day Holiday - No School
Oct. 10	Columbus Day Holiday - No School
Oct. 20	Gr. 1-4 Half-Day Release for Conferences
Nov. 11	Veterans Day Holiday - No School
Nov. 23-25	Thanksgiving Recess - No School
Dec. 26-31	Holiday Recess - No School
Jan. 2	New Year's Day Observance - Legal Holiday
Jan. 3	School Resumes
Jan. 16	Martin Luther King Day Holiday - No School
Jan. 24-28	IHS Local/Regents Exams
Jan. 25	Kindergarten Release Day for Conferences
Feb. 1	Kindergarten Release Day for Conferences
Feb. 20-24	Winter Recess - No School
Mar. 14	Gr. 1-4 Half-Day Release for Conferences
April 6	Good Friday - No School
Apr. 9-13	Spring Recess - No School
May 25	Memorial Day - No School
June 17	Graduation
June 13-22	Local/Regents Exams
June 20	Last Day of School for Grades K-6
June 22	Regents Rating Day - Last K-12 Faculty Day

Faculty Days: 187 Student Days: 185
 Approved: Sept. 1 student return

Central Campus Map

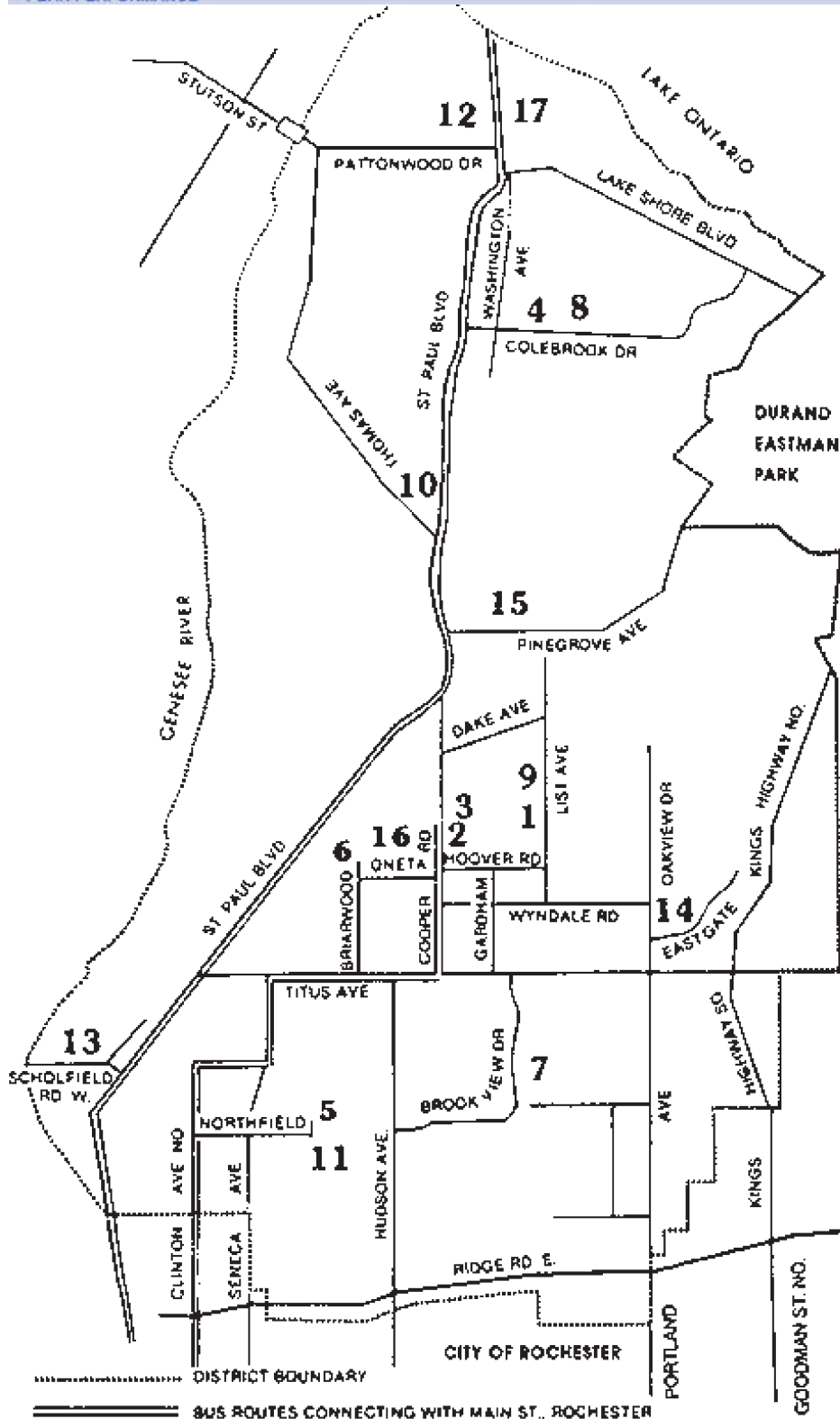


IHS & DAKE ENTRANCE LOCATOR

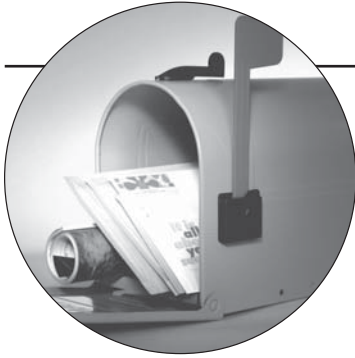




West Irondequoit Central School District



1. District Offices
2. Irondequoit High School
3. Dake Junior High
4. Iroquois School
5. Rogers School
6. Briarwood School
7. Brookview School
8. Colebrook School
9. Listwood School
10. Seneca School
11. Southlawn School
12. Lakeview Field
13. Parkside Field
14. Oakview T.L.C.
15. Helmer Nature Center & Pinegrove Field
16. Sproule Field House
17. Environmental Services



BY MAIL

Mail the completed registration with your check, money order, or credit card (VISA, MasterCard) information to:
West Irondequoit Central School District
Community Education
260 Cooper Rd.
Rochester, NY 14617
Make check payable to:
West Irondequoit Central School District.



BY PHONE

Call (585) 336-3014 with your **VISA** or **MasterCard** information to register.



BY FAX

FAX your registration with your VISA or MasterCard information to: (585) 336-3154 24 hours a day.



IN PERSON

Drop off your completed registration and payment: Monday-Friday, 8:00 a.m.-4:00 p.m.
District Office
321 List Avenue
Make check payable to:
West Irondequoit Central School District.

COURSE INFORMATION

Course fees are listed after the heading "Fee."
Gold Card Fees for senior citizens are listed after the heading "GC."

Fees do not include materials or textbooks unless indicated.

Bad weather and school closings: If the school day is not held, Community Education classes will not be held unless specifically noted. Please listen to local radio stations such as WHAM or watch local TV news for details. School closings usually run continuously across the bottom of the TV screen.

Eligibility: All persons 18 years of age or older may register unless listed otherwise. Non-residents welcome.

You must register and pay BEFORE attending class. Community Education Instructors should not be asked to take your registration and payment.

FOR MORE INFORMATION

Call: (585) 336-3014 or visit the district Web site
www.westirondequoit.org/community-education.htm

CONFIRMATIONS Please enclose a self-addressed, stamped envelope with your registration if you wish a receipt. Otherwise, enrollment is automatic – notification is made only in case of cancellation.

REFUNDS If a class is canceled, you will receive a full refund. If you wish to withdraw, notification must be received by the Community Education office 3 working days prior to the start of the class. No refunds will be given once a class has begun. Registration in a class represents a commitment and instructors are hired on the basis of the number of people registered.

ALL REGISTRATIONS ARE DUE BEFORE
THE START OF YOUR CLASS.
Decisions whether a class or program will be held
are made at that time.

West Irondequoit Central School District Community Education takes photographs of students for use in future communications (e.g., print publications & electronic media). If you prefer to not have your image(s) used for this purpose, please notify our office in writing.

CLASS IDEAS, INFORMATION, WANT TO TEACH?

CALL THE COMMUNITY EDUCATION OFFICE: 336-3014

REGISTRATION-COMMUNITY EDUCATION

Course Code _____ Title _____ Fee _____

Name _____

Address _____ Zip _____

Home Phone _____ Cell/Work Phone _____

Circle: M T W TH F S S Gold Card # _____ Date Begins _____

For Preclicensing Only: Eye Color _____ Date of Birth _____

Permit ID# _____ Issue Date _____

Credit Card Payment:

VISA MASTERCARD Exp. Date _____ CVC# _____

Credit Card # _____

Card Holder Name _____

Signature _____

FOR OFFICE USE ONLY

Cash/Check _____

Credit Card Auth. # _____

Receipt # _____

Make checks payable to West Irondequoit Central School District

There is a \$20 bank fee for any returned check.



Register by Mail:
West Irondequoit
Central School District
Community Education
260 Cooper Road
Rochester, NY 14617

Register by Phone:
336-3014

Register by FAX:
336-3154

REGISTRATIONS DUE:

Prior to the start of your class.
Decisions whether a class or program
will be held are made approximately
one week prior to the start date.

**WEST IRONDEQUOIT
CENTRAL SCHOOL
DISTRICT COMMUNITY
EDUCATION DISCLAIMER**

The West Irondequoit Central School District Community Education program contracts with instructors to present information in various areas of expertise. Instructors are not permitted to use their courses to solicit business for personal or corporate benefit. Any contact with an instructor outside the classroom is not the responsibility of the West Irondequoit Central School District.

Community Education students are hereby advised that the West Irondequoit Central School District does not assume any responsibility for loss or damages incurred from information and/or advice provided by an instructor, whether in or out of class.

REGISTRATION-COMMUNITY EDUCATION

Course Code _____ Title _____ Fee _____

Name _____

Address _____ Zip _____

Home Phone _____ Cell/Work Phone _____

Circle: M T W TH F S S Gold Card # _____ Date Begins _____

For Preclicensing Only: Eye Color _____ Date of Birth _____

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REMEMBER

NO NEWS IS GOOD NEWS!
NOTIFICATION OF
CANCELLATION ONLY.

SEND A SELF-ADDRESSED,
STAMPED ENVELOPE IF YOU
WISH A RECEIPT

West Irondequoit Central Schools
Community Education
260 Cooper Road
Rochester, NY 14617

Non-Profit Org.
U.S. Postage
PAID
Rochester, NY
Permit No. 1021

www.westirondequoit.org



**JUNE THROUGH AUGUST 2011
CATALOG OF CLASSES**

WEST IRONDEQUOIT PROMOTES BELIEFS

- Neighborhood K-3 Schools—All district facilities rebuilt or renovated 1999-2009 (Fixed Rate Mortgage thru 2018)
- A comprehensive high school program which includes 20 Advanced Placement offerings (rated in the top 2% in the US by *The Washington Post*), Project Lead The Way and instruction in five foreign languages
- Activities such as Model UN, Odyssey of the Mind, Junior Engineering Technical Society, DECA, LifeSmarts, Masterminds, a student-run radio station, Performing Arts productions
- Recognized as one of the *Best Communities for Music Education in America*
- 90+ sports teams at the junior high and high school level
- Strong parent and community involvement
- Award winning Helmer Nature Center - programs for students, staff and community members
- On-going staff development and support by the West Irondequoit Teaching Learning Center
- An extensive Community Education program that provides opportunities for learners of all ages

WE BELIEVE THAT EACH CHILD...BELONGS TO ALL OF US.