



Winter Sports Planner

First Practice Start Dates: (Specific time and location TBD)

Monday, November 6 (JV and Varsity)

Basketball – Boys JV/V	Cheerleading - Var
Basketball – Girls JV/V	Ice Hockey - Var
Bowling – Boys Var	Indoor Track – Var
Bowling – Girls Var	Swimming – Boys JV/Var
Nordic Ski- JV/Varsity	Wrestling – JV/Var

Wednesday, November 13th (Modified Sports)

Basketball – Boys Mod A	Basketball – Boys Mod B
Basketball – Girls Mod A	Basketball – Girls Mod B
Cheerleading – Mod A	Wrestling – Mod B
	Nordic Ski – Mod B

Winter Sports Meeting (Parents, Coaches, and Student Athletes)

Monday, November 20th from 6:00-7:30pm

Sports Registrations online using Family ID:

<https://www.familyid.com/organizations/west-irondequoit-central-school-district-athletics>

JV/Varsity Sports Sign-Ups: October 11 -November 1

Modified Sports Sign-Ups: October 13- November 8

APP Test – A must for any 7th or 8th grade student who will be trying out at the JV/Var level (with coach's recommendation)

Medical questions regarding sports sign-ups:

Dake Health Office – 336-3008

IHS Health Office – 336-2937