

IHS November 2009 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

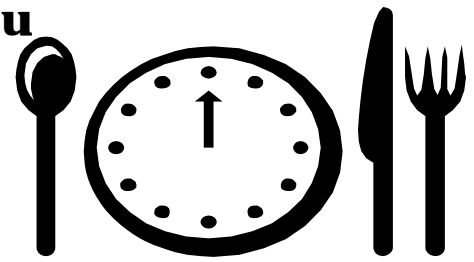
DELI SHOP FEATURES HOMEMADE SOUP DAILY—AS AN EXTRA

Free and Reduced applications and information for Pre-paid lunches Call: 336-2953

* denotes pork product

** Burger Variety, Hamburgers, Cheeseburgers, Veggie Burgers

Menu is subject to change. We do not accept Canadian money



Mon	Tue	Wed	Thu	Fri
Sesame Chicken w/rice 2 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 3 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Hot Turkey Sandwich 4 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 5 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 6 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Sesame Chicken w/rice 9 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	BBQ Beef on a Bun 10 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	11 VETERANS DAY NO SCHOOL	Taco Salad 12 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 13 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Pasta w/ meatballs 16 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 17 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 18 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 19 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 20 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Pizza 23 Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	**Burger 24 Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	25 THANKSGIVING RECESS NO SCHOOL	26 THANKSGIVING RECESS NO SCHOOL	27 THANKSGIVING RECESS NO SCHOOL
Sesame Chicken w/rice Pizza 30 Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>				

IHS December 2009 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

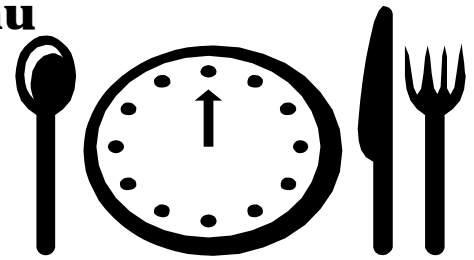
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Mon	Tue	Wed	Thu	Fri
<p>Food Service</p> <p>Offers part-time</p> <p>Work while your kids</p> <p>Are in school.</p> <p>Applications available!</p>	<p>Baked Chicken 1</p> <p>**Burger</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p>BONUS: ICE JUICEE</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Chicken Nuggets w/ rice 2</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Taco Salad 3</p> <p>Spicy Chicken Pattie</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Mozz Sticks w/ sauce 4</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>
<p>Pasta w/ meatballs 7</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i></p>	<p>Chicken Parmesan 8</p> <p>**Burger</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Popcorn Chicken 9</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Steak Sandwich 10</p> <p>Spicy Chicken Pattie</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Toasted Cheese w/ stars 11</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p>BONUS: ICE JUICEE</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>
<p>Chili w corn chips 14</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i></p>	<p>Pretzel w/ cheese sauce 15</p> <p>**Burger</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Chicken Fijita 16</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Hotdog w/ Fries 17</p> <p>Spicy Chicken Pattie</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Buffalo Chix Tender Wrap 18</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>
<p>Sesame Chicken w/ rice 21</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p>BONUS: ICE JUICEE</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i></p>	<p>Baked Chicken 22</p> <p>**Burger</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p>BONUS: ICE JUICEE</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>Chicken Nuggets w/ rice 23</p> <p>Pizza</p> <p>Sandwiches—Variety</p> <p>Salads to Go</p> <p>Bagel & Yogurt Lunch</p> <p><i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i></p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28</p> <p>NO SCHOOL</p>	<p>29</p> <p>NO SCHOOL</p>	<p>30</p> <p>NO SCHOOL</p>	<p>31</p> <p>NO SCHOOL</p>	<p>Darlene Vogt Kitchen Manager</p>

IHS January 2010 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

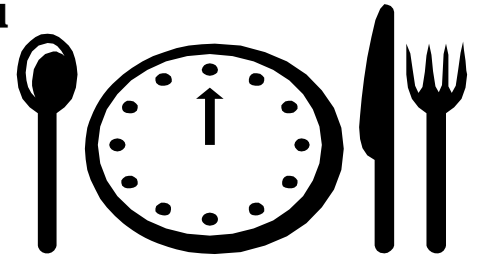
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Mon	Tue	Wed	Thu	Fri
				1 NO SCHOOL
Pasta w/ meatballs 4 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 5 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 6 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 7 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 8 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Chili w corn chips 11 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 12 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 13 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Hotdog w/ Fries 14 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Buffalo Chix Tender Wrap 15 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
18 NO SCHOOL MARTIN LUTHER KING DAY	BBQ Beef on a Bun 19 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 20 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 21 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 22 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
25 MIDTERM EXAMS	26 MIDTERM EXAMS	27 MIDTERM EXAMS	28 MIDTERM EXAMS	29 MIDTERM EXAMS

IHS February 2010 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

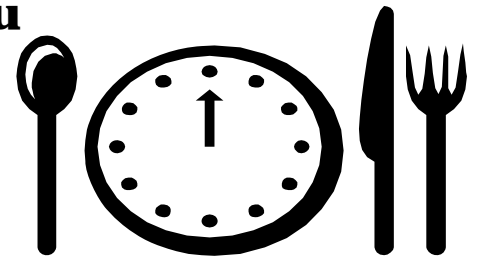
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Mon	Tue	Wed	Thu	Fri
Pasta w/ meatballs 1 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 2 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 3 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 4 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 5 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Chili w corn chips 8 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 9 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 10 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Hotdog w/ Fries 11 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Buffalo Chix Tender Wrap 12 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
15 NO SCHOOL WINTER RECESS	16 NO SCHOOL WINTER RECESS	17 NO SCHOOL WINTER RECESS	18 NO SCHOOL WINTER RECESS	19 NO SCHOOL WINTER RECESS
Sesame Chicken w/rice 22 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	BBQ Beef on a Bun 23 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 24 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 25 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 26 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>

IHS March 2010 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

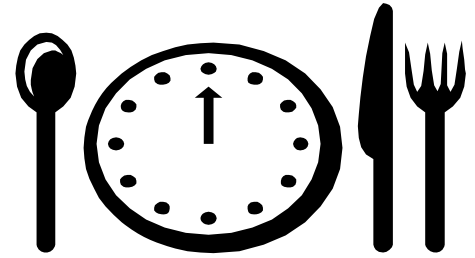
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Mon	Tue	Wed	Thu	Fri
Pasta w/ meatballs 1 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 2 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 3 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 4 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 5 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Chili w corn chips 8 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 9 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 10 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Hotdog w/ Fries 11 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Buffalo Chix Tender Wrap 12 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Sesame Chicken w/ rice 15 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	BBQ Beef on a Bun 16 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 17 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 18 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 19 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Pasta w/ meatballs 22 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 23 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 24 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 25 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 26 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Chili w corn chips 29 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 30 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 31 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>		

IHS April 2010 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

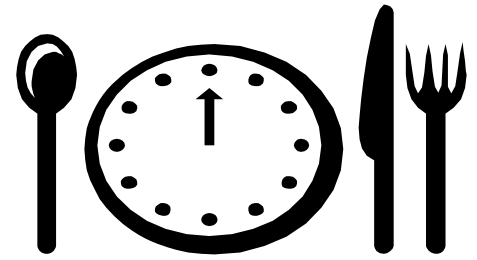
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Mon	Tue	Wed	Thu	Fri
			Hotdog w/ Fries 1 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	2 NO SCHOOL GOOD FRIDAY
Sesame Chicken w/rice 5 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	BBQ Beef on a Bun 6 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 7 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 8 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 9 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Pasta w/ meatballs 12 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 13 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 14 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 15 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 16 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
19 SPRING RECESS	20 SPRING RECESS	21 SPRING RECESS	22 SPRING RECESS	23 SPRING RECESS
Chili w corn chips 26 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 27 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 28 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Hotdog w/ Fries 29 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Sandwiches—Variety 30 Pizza Buffalo Chix Tender Wrap Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>

IHS May 2010 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

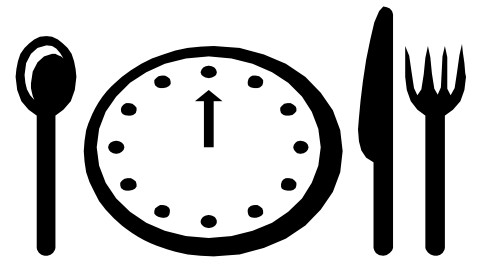
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Mon	Tue	Wed	Thu	Fri
Sesame Chicken w/rice 3 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	BBQ Beef on a Bun 4 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 5 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 6 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 7 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Pasta w/ meatballs 10 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Chicken Parmesan 11 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 12 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 13 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 14 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Chili w corn chips 17 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 18 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 19 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Hotdog w/ Fries 20 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Bagel & Yogurt Lunch 21 Pizza Sandwiches—Variety Salads to Go Buffalo Chix Tender Wrap <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
Sesame Chicken w/rice 24 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/Fresh Fruit</i>	BBQ Beef on a Bun 25 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Nuggets w/ rice 26 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Taco Salad 27 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>	Mozz Sticks w/ sauce 28 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable Canned Fruit/Juice/ Fresh Fruit</i>
31 NO SCHOOL MEMORIAL DAY				

IHS June 2010 Lunch Menu

Student Lunch \$2.25 (includes milk) - 8 oz. milk .45 cents - Adult lunch \$3.75 tax included

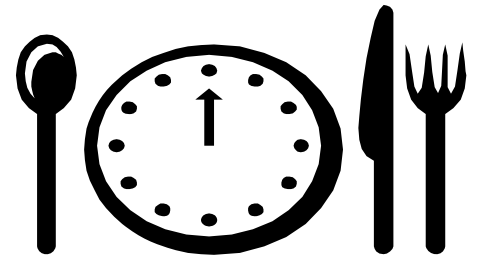
DELI SHOP FEATURES HOMEMADE SOUP DAILY—AS AN EXTRA

Free and Reduced applications and information for Pre-paid lunches Call: 336-2953

* denotes pork product

** Burger Variety, Hamburgers, Cheeseburgers, Veggie Burgers

Menu is subject to change. We do not accept Canadian money



Mon	Tue	Wed	Thu	Fri
	Chicken Parmesan 1 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>	Popcorn Chicken 2 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>	Steak Sandwich 3 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>	Toasted Cheese w/ stars 4 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch BONUS: ICE JUICEE <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>
Chili w corn chips 7 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/Fresh Fruit</i>	Pretzel w/ cheese sauce 8 **Burger Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>	Chicken Fijita 9 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>	COOK'S CHOICE 10 Spicy Chicken Pattie Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>	COOK'S CHOICE 11 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/ Fresh Fruit</i>
COOK'S CHOICE 14 Pizza Sandwiches—Variety Salads to Go Bagel & Yogurt Lunch <i>Hot Vegetable /Cold Vegetable</i> <i>Canned Fruit/Juice/Fresh Fruit</i>	15 FINAL EXAMS	16 FINAL EXAMS	17 FINAL EXAMS	18 FINAL EXAMS
21 FINAL EXAMS	22 FINAL EXAMS	23 FINAL EXAMS	24 FINAL EXAMS	25
28	29	30		