



The Eagle

The Irondequoit Athletic Newsletter

SCHOLAR/ATHLETE NEWS

Irondequoit High School had several of its Varsity teams earn State recognition for achieving an average of 90 or better during their participation quarter. Below you will find listed by season the teams and the athletes who achieved this distinction:

Fall - Women's Tennis: Casey Lower, Maryanne Greenaway, Hannah Khederian, Ashley Tate, Anna Shahin, Melanie Falvo, Rebekah Ford, Laura Strojny and Kelsey Corbishley.

Men's Cross Country: Eric Bigenwald, Peter Schum, Anthony Frachioni, Nicholas Koss, Luke Perry, Benjamin Densieski and Christopher Murphy.

Women's Cross Country: Madeleine Muzdakakis, Sarah McAdam, Emily Farr, Sarah Nadeau, Sarah Rocco, Aleni Sammler, Caitlin Porter, Elizabeth Valente, Sara D'Ambrosio and Kali Crowder.

Women's Soccer: Lauren Goewey, Keri Soppe, Jamie Ruddy, Julia Coccia, Mary Rocco, Erin Knauf, Danielle Steadman, Sarah Schmidt, Laura Kraftschik, Jessica Plukas, Samantha Jebbett and Lisa Rogers.

Women's Swim: Cristin Juda, April Blaise, Emma Colley, Jessica Reed, Rachel Eckert, Kelly Owen, Bobbi Mason, Olivia Kelly, Bridget Sheehan, Emily Kamler and Arianna Buja.

Women's Field Hockey: Megan Supple, Megan Sinton, Katie Elkins, Devin Williams, Kelly Singleton, Marcie Dineen, Hanna Sinton, Hannah Perruccio, Paige Zorij, Meghan Leusch, Rebecca Sadler and Julie Burns.

Cheerleading: Alison Cordes, Brittany Rivera, Kelsey Odorczyk, Ali Meyer, Jessica Zon, Elena Fischer, Andrea Semrau, Jaclyn Kramer, Olivia Quinlen, Carly Derosa and Emily Beattie.

Women's Volleyball: Courtney Long, Sara Herbrand, Catherine Plukas, Brittany Crocetti, Sarah Bugner, Emma Lonadier, Taylor Melidona, Kelsey Romal, Mary Cushman and Taylor Eike.

Men's Soccer: Sampson Kennedy, Tyler Condello, Keith Bull, Maxwell Rick, Ryan Carney, Daniel Buerkle, Matthew Wolfe, Matthew Hohler, Joel Allen, Kevin Connelly, Vincent Baccari and Cameron Weisbeck.

Football: Matthew Owens, Gavin Ernst, Emory Poccia, Cameron Mabb, Benjamin Thompson, Ian Brooks, Brandon Perkins, Jonathan Bray, Spencer German, Peter Wilson, Anthony Bigelow and Jeffrey Hobbins.

Men's Volleyball: Andy Schnacky, Michael Ward, Matthew Maley, Brian Holloway, Corey Pschierer, Peter Steele, Thomas Wolkowych and Benjamin Bovenzi.

Winter - Men's Nordic Skiing: Luke Perry, Peter Schum, Anthony Frachioni, Eric Bigenwald, Joel Allen, Jesse Palermo and Maxwell Rick.

Cheerleading: Kelsey Odorczyk, Jessica Zon, Alison Cordes, Carly Derosa, Brittany Rivera, Elena Fischer, Olivia Quinlen, Ali Meyer, Jaclyn Kramer, Andrea Semrau and Brittanie Marvin.

Women's Basketball: Kerri Soppe, Jessica Lindsay, Casey Brett,

Women's Indoor Track: Megan Supple, Sarah McAdam, Jamie Ruddy, Christina Dzielski, Mary Rocco, Katie Elkins, Elizabeth Birch, Maryanne Greenaway, Karina Vattana, Sarah Bangs, Emily Thompson and Elizabeth Simmons.

Spring - Women's Track: Megan Supple, Madeline Muzdakakis, Jamie Ruddy, Taylor Eike, Taylor Melidona, Maryanne Greenaway, Sarah Rocco, Georgia Tuttle, Sarah Bangs, Joanna Heath, Katie Elkins and Sarah Schmidt.

Men's Tennis: Ryan McCormick, Joel Allen, Robert Dowd, Bryan Lynn, Timothy Ferriter, Maxwell Rick, Jared Streb, Thomas Davis and Dennis Allen.

Men's Track: Tyler Condello, Anthony Frachioni, Benjamin Densieski, Ian McLaughlin, Eric Bigenwald, Nicholas Koss, Daniel Lenzi, Kurt Soppe, Robert Bretz, Spencer German, Tayler Diem and Dylan Quataert.

Change in two sports for the 09-10 school year. Boy's and Girl's soccer program is dropping the Modified 'A' team and will be Modified 'B', Freshman, JV and Varsity this year. The girl's tennis program is dropping the JV team and adding the Modified 'A' team (7th, 8th, 9th graders). Selection Classification will be necessary for 7th and 8th graders wishing to try out for the high school soccer teams although

is not required for the Modified 'A' tennis team.

GOOD SPORTSMANSHIP: NO EXCUSES!!!!

PHYSICALS FOR FALL SPORTS

Sports physical appointments
please call:

High School students: 336-2937

Dake students: 336-2964

High School Athletes @ IHS

August 5, 8:30-12:30 pm

August 10, 8:30-12:00 pm

August 12, 8:30-3:00 pm

August 17, 8:30-3:00 pm

Modified Athletes @ Dake

August 7, 8:30-12:30 pm

August 21, 8:30-12:30 pm

All High School eligibility forms and clearances must be returned to the high school nurse, in the **Health Office** at Irondequoit HS, from July 20 to August 7 for all JV and Varsity sports, from July 27 to August 14 for freshmen football and August 3 to August 24 for freshmen soccer.

Dake athletes turn in forms to the **Dake** Health Office from August 4 to August 26 for modified football and from August 4 to August 28 for all other modified teams to assure processing. **Forms will not be accepted if they are dated more than 30 days before the start date of the sport.**

Please note: Your child may not practice unless he/she has a physical on file in the nurse's office, current within one calendar year from August 1, 2008 for high school sports and Sept. 1, 2008 for modified sports and your HIPPA form signed. If you are not sure, call: 336-2937.

For up to the second schedules go to:
(www.schedulesonline.org)

The Irondequoit Sports Broadcasting Network completes its' 16th full year.

The brain child of Jim Cooper, ISBN continues to set the pace in

High School sports broadcasting. ISBN has televised 14 different sports, awards assemblies, the Monroe County Volleyball Championships, the Memorial Day and 4th of July Parades, and several Section V events. We are only limited in our ability to bring you your favorite event by the number of volunteers we have.

If you would like to help out please give us a call at 336-3006.

A number of questions about our county and sectional classification have arisen. How can we be in Div. I, II or III in the league and Class A, AA or B in the Sectionals? What enrollment figures are used? To start out, the league and the Section use the same figures; The figures that are used are the total enrollment of each High School, for grades 9-11 as shown in the current NYS BEDS forms filed in Albany. The league takes these figures into consideration along with geography and in some instances strength of program. If there is an uneven number of schools in a particular sport, the swing school is considered in the lower division unless there is a request to move up.

In Sectional Alignment, Classifications are based on state enrollment criteria if the sport has state competition. Otherwise, where there is no state competition, the Section tries to make evenly distributed numbers of teams within each classification. The classification numbers may be found on the Monroe County web site.

Irondequoit High School Most Valuable Athletes from the 2008-2009 school year.

FALL: Girls Soccer: Jessica Wolfe Boys Soccer: Tyler Condello, Sam Kennedy and Steve Tomsic, Boys Cross Country: Rick Looby and Josh Greenfield-Tuttle, Girls Cross Country: Sarah McAdam, Boys Volleyball: Wes Jones and Peter Steele, Girls Volleyball: Mary Cushman, Girls Tennis: Anna Shahin, Girls Swimming:

Rachel Eckert, Football: Jerrod Clowes, Field Hockey: Erica Garwood and Megan Leusch, and Fall Cheerleading: Kelsey Odorczyk.

WINTER: Boys Basketball: Jordan Heath, Girls Basketball: Kerri Soppe, Wrestling: Ben Brooks, Boys Nordic Skiing: Luke Perry, Girls Nordic Skiing: Sarah Nadeau, Boys Swimming: Elias Homerin, Girls Bowling: Katie Eckelberger, Boys Bowling: Cory Barber, Ice Hockey: Jordy Kirk Winter Cheerleading: Carly DeRosa and Tiffany Vermeire, Girls Alpine Skiing: Lauren Gerrie, and Boys Alpine Skiing: Carl Piccarretta. Boys Indoor Track: Keith Bull. Girls Indoor Track: Jamie Ruddy.

SPRING: Boys Track: Jeremy Jackson and Josh Greenfield-Tuttle. Girls Track: Erica Garwood, Girls Lacrosse: Hannah Perruccio, Boys Lacrosse: Drew Coholan, Baseball: Chris Culver and Peter Wilson, Softball: Emily Farr and Rebecca Sadler, Boys Tennis: Ryan McCormick, and Golf: Jakob Graff.

IHS Athletic Awards

The 'Maynard Hall Award' recognizes seniors for effort, desire, attitude, and sportsmanship. This year's recipients are Caitlin Porter and Tyler Condello.

'Athlete of the Year Awards'

Erica Garwood – Field Hockey and Track and Field

Jeremy Jackson – Football, Basketball and Track and Field

The US Army Reserve National

'Scholar Athlete Awards'

Mary Cushman and Gavin Ernst

The U. S. Marine Distinguished

Athlete Award:

Devin Williams

The 4th annual

"Andy Attinasi Memorial

Scholar/Athlete

Scholarship":

Jordan Heath

**Art "Bear" Connorton
Scholar-Athlete/Citizen
Award :**

Ben Rodriguez

The **Mark Vienna 'Scholar Athlete Awards'** are given to three boys and three girls with the highest grade point average participating in one, two and three athletic seasons:

One Season: Sampson Kennedy – Soccer and Cristin Juda - Swimming

Two Seasons: Luke Perry – Cross Country and Nordic Skiing, Megan Sinton – Field Hockey and Nordic Skiing

Three Seasons: Anthony Frachioni – Cross Country, Indoor Track and Spring Track/Field, Megan Supple – Field Hockey, Indoor Track and Spring Track/Field.

Irondequoit High School had one **Channel 10 NBC** "Scholar/ Athletes of the Week" this year: Megan Supple, Field Hockey.

The IHS sports hotline

(336-3141) a service of the Athletic Department, received hundreds of calls this year. Updates, and site location information is available. This summer we have the start dates, times, and locations of the first practices of your child's sport.

Call this line daily during the sport season to confirm site locations and to hear about postponements

Selective Classification

7th or 8th Graders trying out for a Freshman, JV or Varsity team. Any student entering 7th or 8th grade, wishing to try out for a Freshman, JV or Varsity High School sport team this fall should contact the Athletic Office in the high school for a Selection Classification packet. Fitness testing dates are August 10 and 12th. Paperwork must be complete prior to testing. Athletes should meet on the track at 8:00 am.

Senior Recognition Day

Most sports will recognize the seniors on their team toward the end of the season; possibly at the last home game. The recognition includes special introduction of the senior student athletes and their parent(s). There may be a small remembrance given as well. The game itself will be played like all others. As usual, coaches make all play time decisions based on factors such as the strength of program of the team we are playing, and/or the significance of the game (ie: playing for a divisional title). Please check with your child's coach prior to the game for further information.

Important web sites

(For the most up-to-date schedules) www.schedulesonline.org
www.westirondequoit.org

Team Champions 2008-2009

Fall Champions 2008

Divisional Champs: Girls Volleyball
Section V Champs: Girls Volleyball
NYSPHSAA Champs: Girls Volleyball

Winter Champions 2008-2009

Divisional Champs: Boys Basketball

Spring Champions 2009

Divisional Champs: Boys Track and

Fall 2009 Sport Starting Times

Monday, August 17th

JV/V Football 8-8:45 am and 1-4 pm @ Stadium field

JV/V Boys Soccer @ Track 8:00 am

JV/V Girls Soccer @ Pinegrove 9:00 am

JV/V Boys Volleyball @ IHS gym 2:30 pm

JV/V Girls Volleyball @ IHS gym 7:30 am

JV/V Boys Cross Country @ Sproule Field House 8:00 am

JV/V Girls Cross Country @ Track 8:00 am

JV/V Field Hockey @ Stadium Field 8:30am

JV/V Cheerleading @ IHS 9:00 am

JV/V Girls Swimming @ TBA

JV/V Girls Tennis @ Tennis Courts 9:00 am

Monday, August 24th

Freshmen Football @ Stadium 3:00 pm

Monday, August 31st

Freshman Boys and Girls Soccer @ Pinegrove 3:30 pm

Tuesday, September 8th

Modified 'B' Football @ Dake 3:30 pm

Wednesday, September 9th

All other modified sports TBA

Winter 2009-2010 Sports Starting Dates:

Monday., November 9th

All JV and Varsity sports

Monday, November 16th

Freshman Basketball

Monday, November 30th

All Modified Sports

Spring 2010

Monday, March 8th

All JV and Varsity Sports

Monday, March 22nd

Modified 'A' sports and mod. 'B' lacrosse may begin

Monday, March 29th

All other mod. 'B' sports

FALL SPORTS SCHEDULES

Fall sports schedules are posted on line at www.schedulesonline.org.

To curtail mailing and printing expenses, paper copies may be obtained in the Athletic Office

Athletic Hot-Line: In season daily events (336-3141)

Have a healthy, safe, and relaxing summer. See you in the fall.

Dave Green

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Athletic office phone: 336-3006*

07/02/09