

The Eagle

The Irondequoit Athletic Newsletter

West Irondequoit High School

Athletic Office

260 Cooper Road

Rochester, NY 14617

Phone: 336-3006

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WE'RE ON THE WEB

WWW.WESTIRONDEQUOIT.ORG

Fall 2010 Sports Starting Dates

Monday, August 16th

JV/V Football: 8:00 am @ Stadium Field

Friday, August 20

JV/V Boys Soccer: 8:00 am @ Track

JV/V Girls Soccer: 9:00 am @ Pinegrove

JV/V Boys Volleyball: TBA @ IHS Gym

JV/V Girls Volleyball: 7:30 am and 11:30 am @ IHS Gym

JV/V Boys Cross Country: 8:00 am @ Sproule Field House

JV/V Girls Cross Country: 8:00 am @ Track

JV/V Field Hockey: 8:00 am @ Stadium Field

JV/V Cheerleading: 9:00 am @ IHS

JV/V Girls Swimming: 8:00 am @ Pool

V Girls Tennis: 9:00 am @ Tennis Courts

Monday, August 23

Freshman Football: 3:00 pm @ Stadium

Monday, August 30

Freshman Boys Soccer: 9:00 am @ Pinegrove

Freshman Girls Soccer: 0:00 am @ Pinegrove

Wednesday, September 1

Mod A Girls Tennis: 10:00 am @ Tennis Courts

Tuesday, September 7

Mod B Football: 3:30 pm @ Dake

Wednesday, September 8

All other Modified B Sports: Time and Place TBD

Winter 2010 Sports Starting Dates

Monday, November 8

All JV and Varsity Sports

Monday, November 15

Freshman Basketball

Monday, November 29

All Mod B Sports

Spring 2011 Sports Starting Dates

Monday, March 7

All JV and Varsity Sports

Monday, March 21

Mod A and Mod B Lacrosse

Monday, March 28

All other Mod B Sports

Selective Classification

Any student entering 7th or 8th grade, wishing to tryout for a **Freshman, JV or Varsity High School** sports team need to have permission from the JV or Varsity coach. Athletes should contact the Athletic Office in the high school for a selective classification packet. Fitness testing dates are **July 27, July 28, August 10 and August 12**. Paperwork must be completed prior to testing. Athletes should meet at the track at 8:00 am.

School Physicals

Irondequoit High School

To schedule an appointment, call: 336-2937

August 4—All Day

August 6—All Day

August 13—Time TBD

August 16—All Day

August 19—AM only

September 10—Start at 9:00 am

Times to TBD

October 19, November 9, December 10, March 2, March 7, April 8, May 6

Dake Junior High School

To schedule an appointment, call: 336-2964

All Physicals will be from

8:00 am—1:00 pm

August 6, August 27, September 3,

October 15, November 12,

November 19, February 18, March

4, March 18, May 6

Eligibility Forms

All high school eligibility forms and clearances must be returned to the high school nurse, in the **Health Office**, at Irondequoit HS. Due dates are as follows:

Football: July 16–August 2

All other JV/V Sports: July 20–August 6

Freshman Football: July 23–August 6

Freshman Soccer: July 30–August 27

Mod A Tennis: August 1–August 20

Duke athletes turn in forms to the **Duke Health Office** for Mod B sports from August 6–August 27.

Forms will not be accepted if they are dated more than 30 days before the start of the sport. Please note: Your child may not practice until he/she has a physical on file in the nurse's office, current within one calendar year from August 1, 2009 for high school sports and September 1, 2009 for middle school sports and your HIPPA form signed. If you are not sure, call: 336-2937.

Important Websites

Sports schedules are posted online. For the most up-to-date schedules go to:

www.schedulesonline.org

Other websites to check are:

www.westirondequoit.org

www.mcpsaa.org/sportsmanship

www.sectionv.org

IHS Sports Hotline

336-3141

The sports hotline, a service of the Athletic Department, has received hundreds of calls this year. Updates, and site location information is available. This summer we have the start dates, times, and locations of the first practice for your child's sport.

Scholar Athlete News

Irondequoit High School had several of its varsity teams earn State recognition for achieving an average of 90 or better during their participation quarter. Below you will find listed by season the teams and the athletes who achieved this distinction.

Fall: Girls Cross Country—Sarah Bangs, Madeleine Muzdakis, Sarah Nadeau, Emma Schum, Georgia Tuttle, Elizabeth Valenti, Clara Wagner.

Girls Volleyball—Adriene Aldridge-Kiner, Sarah Bugner, Mary Cushman, Sara Herbrand, Phoebe Hewson, Hannah Knight, Courtney Long, Emma Lonadier, Taylor Melidona

Girls Tennis—Kelsey Corbishley, Melanie Falvo, Danielle Greenaway, Maryanne Greenaway, Hannah Khederian, Cassandra Myers, Kaela Schimpf, Anna Shahin, Ashley Tate, Kaiya Williams

Benjamin Densieski, Nolan Feola, Nicholas Koss, Richard Looby, Ian McLaughlin, Zachary Muzkakis

Girls Soccer—Samantha Bailey, Skye Ernst, Lauren Goewey, Samantha Jebbett, Erin Knauf, Briana Maggio, Denay O'Connor, Lisa Rogers, Jamie Ruddy, Sarah Schmidt, Emily Thompson, Caitlin White

Boys Cross Country—Eric Bigenwald, **Field Hockey**—Julia Burns, Ali Carpenter, Marcie Dineen, Katie Elkins, Pricilla Montebella, Megan Paris, Jamie Plukas, Alexandra Ross, Amanda Russi, Hanna Stinton, Denise Thompson

Girls Swimming & Diving—Sarah Anderson, Emma Colley, Maria Currie, Christina Das, Kendell Doyle, Rachel Eckert, Roxanne Elahi, Olivia Kelly, Alyssa Moseley, Jessica Reed

Football—Anthony Bianchi, Gregory Black, Taylor Diem, James Dorren, Justin Iannuzo, Cameron Mabb, Jordan Napierala, Matthew Owens, Brandon Perkins, Eric Phommanirat, Emory Poccia, Benjamin Thompson

Boys Soccer—Joseph Aratari, Vincent Bacari, John Bourgeois, Daniel Buerkle, Justin Buonomo, Ryan Carney, Matthew Carrozo, Kevin Connelly, Charles Consentino, Jakob Graff, Matthew Hohler, Matthew Wolfe

Cheerleading—Erin Bassegio, Emily Beattie, Anya Blake, Lily Brayer, Alison Cordes, Elena Fischer, Kelsey Odorczyk, Olivia Quinlan, Brittany Rivera, Andrea Semrau, Jessica Tamol

Boys Volleyball—Benjamin Bovenzi, Timothy Ferriter, Daniel Magee, Corey Pschierer, J. Schnacky, Frank Schwind, Michael Ward, Thomas Wowkowych

Winter: Hockey—Michael Basta, Andrew Cordes, Theodore Cup, jacy Karpovage, Nicholas Mongelli, Tyler Putnam, Christopher Soufleris, Cameron Weisbeck

Boys Basketball—Daniel Brady, Maxim Kostyk

Girls Basketball—Casey Brett, Hannah Holloran Jessica Lindsay, Keri Soppe

Girls Bowling—Katrina Bruzda, Titiana Bruzda

Cheerleading—Emily Beattie, Lily Brayer, Alison Cordes, Elena Fischer, Kelsey Odorczyk, Andrea Semrau

Boys Indoor Track—Elliott Altland, Max Blaise, Robert Bretz, Taylor Diem, James Dorren, Robert Dowd, Nicholas Koss

Girls Indoor Track—Elizabeth Chow, Christina Dzielski, Katie Elkins, Danielle Greenaway, Maryanne Greenaway, Jumie Ruddy

Boys Swimming & Diving—Daniel Lenzi, Jacob Fleischer, Nicholas Reed, Bakari Smith

Spring: Baseball—Zachary Estes, Casey Kelly, Daniel Kelly, Michael Moroni, Allen Porter, Matthew Ramsey

Boys Lacrosse—Henry Burton, Ian Brooks, Eric Fischer, Erik Kleehammer, Maxim Kostyk, Gunnar Miller, Emory Poccia, MacKenzie Romal, Alexander Torpey, Colby Wehner, Matthew Wolfe

Girls Lacrosse—Elena Fischer, Ashley Harris, Jessica Lindsey, Denay O'Connor, Lisa Rogers, Teigan Ruster, Caitlin White

Boys Tennis—Dennis Allen, Max Blaise, Joseph Connolly, Robert Dowd, Timothy Ferriter, Ryan Fox, Tanisorn Janvuttarungul, Eric Phommanirat, Jacob Zarzycki

Boys Track—Eric Bigenwald, Robert Bretz, Ryan Cribbin, Taylor Diem, James Dorren, Nicholas Koss, Zachary Muzdakis, Matthew Tucker

Girls Track—Taylor Crocetti, Mary Cushman, Danielle Greenaway, Maryanne Greenaway, Joanna Heath, Taylor Melidona, Madeleine Muzdakis, Lianna Raspudic, Sarah Rocco, Georgia Tuttle

Softball—Shannon Bamann, Emily Farr, Colleen Kolb, Kelly O'Brien, Rebecca Sadler

Golf—Daniel Buerkle, Kevin Connelly, Jakob Graff, Michael Ward

Senior Recognition Day

Most sports will recognize the seniors on their team toward the end of the season; possibly at the last home game. The recognition includes special introduction of the senior student athletes and their parent(s). There may be a small remembrance given as well. The game itself will be played like all others. As usual, coaches make all play time decisions based on factors such as the strength of program of the team we are playing, and/or the significance of the game (i.e., playing for a divisional title). Please check with your child's coach prior to the game for further information.

IHS Most Valuable Athletes

2009-2010

Fall: Joseph Aratari—Soccer, Kendall Doyle—Swimming, Gavin Ernest—Football, Jakob Graf—Soccer, Olivia Kelly—Swimming, Richard Looby—Cross Country, Jordan Napierala—Football, Denay O'Connor—Soccer, Kelsey Odorczyk—Cheerleading, Lisa Rogers—Soccer, Jamie Ruddy—Soccer, Rebecca Sadler—Field Hockey, Kathryn Schindler—Soccer, Kaela Schimpf—Tennis, Robert Shade—Volleyball, Anna Shahin—Tennis, Jessica Tambe—Tennis, Georgia Tuttle—Cross Country, Christina Watson—Cheerleading, Paige Zorija—Field Hockey

Winter: Cory Barber—Bowling, Eric Bigenwald—Nordic Skiing, Dan Brady, Basketball, Benjam Brooks, Wrestling, Luke Brust—Alpine Skiing, Tatiana Bruzda—Bowling, Chris Culver—Basketball, Mary Cushman—Volleyball, Nicholas Doktor—Basketball, James Dorren—Indoor Track, Lauren Gerrie—Alpine Skiing, Josiah Heath—Basketball, Sarah Nadeau—Nordic Skiing, Orest Omelyan—Swimming, Olivia Quinlan—Cheerleading, Jamie Ruddy—Indoor Track, Keri Soppe—Basketball, David York—Hockey

Spring: Dennis Allen—Tennis, Justin Buonomo—Lacrosse, Ian Brooks—Lacrosse, Chris Culver—Baseball, Mary Cushman—Track and Field, James Dorren—Track and Field, Emily Farr—Softball, Jakob Graf—Golf, Joanna Heath—Track and Field, Daniel Kelly—Baseball, Desarae Maldonado—Softball, Mike Moroni—Baseball, Tyler Nash—Lacrosse, Rebecca Sadler—Softball, Tohnnie Smock—Lacrosse, Michael Utz—Lacrosse, Peter Wilson—Baseball, Tom Wowkowych—Tennis

Team Champions 2009-2010

Women's Tennis

Men's Basketball

Women's Volleyball

Men's Lacrosse: Section V Champions

IHS Athletic Awards

The "Maynard Hall Award" recognizes seniors for effort, desire, attitude and sportsmanship. This year's recipients are: **Richard Looby and Mary Cushman.**

The recipients of the "Athlete of the Year Award" are:

Chris Culver—Basketball and Baseball
Mary Cushman—Volleyball and Track

The US Army Reserve National "Scholar Athlete Awards"

Sara Herbrand/Cameron Mabb

The US Marine Distinguished "Athlete Award"

Adrienne Aldridge-Kiner/Justin Iannuso

5th Annual "Andy Attinasi Memorial Scholar/Athlete Scholarship"

Henry Burton

Art "Bear" Connorton Scholar-Athlete/Citizen Award

Dylan Quataert

The Mark Vienna "Scholar Athlete Award" is given to three boys and three girls with the highest grade point average participating in one, two, and three athletic seasons:

One Season: Lauren Gowney—Soccer, Dan Kelly—Baseball

Two Seasons: Emily Farr—Cross Country, Softball, Cameron Mabb—Football, Baseball

Three Seasons: Maryanne Greenaway—Tennis, Indoor Track, Spring Track, Cameron Weisbeck—Soccer, Hockey, Golf

Miscellaneous Sports Info

The Irondequoit Sports Broadcasting Network completes its 17th full year. The brain child of Jim Cooper, ISBN continues to set the pace in High School sports broadcasting. We are only limited in our ability to bring you your favorite events by the number of volunteers we have. If you would like to help out, please give us a call at 336-2936.

Have a healthy, safe and relaxing

summer.

See you in the fall.

David Green

david_green@westiron.monroe.edu

Athletic Office Phone Number: 336-2936

